

## **DMH EMPLOYEE SPOTLIGHT – AMANY ANIS**

Continuing our stories that spotlight LACDMH employees who shine, this week we're featuring...



**AMANY ANIS**  
**Secretary III/Children's Systems of Care Administration**

Amany has worked for the Los Angeles County Department of Mental Health (LACDMH) since 2013. She is a Secretary III for the LACDMH Children's Systems of Care (CSOC) Administration, working for Program Head Dr. Marta Alquijay. She is a valued member of the CSOC Administration, and was nominated by her teammates who've said the following about her:

"She is always helpful."

"Amany is not only a hard worker, but a kind worker as well. Her desire to learn and produce is coupled with her instinct of helping and teaching others. She is not afraid of sharing what she knows, and is delighted to learn from you."

"Amany is the ultimate team player and a wonderfully creative spirit. Her positive, professional manner makes her a pleasure to work with."

Part of Amany's job includes reviewing and making recommendations on performance evaluations, coordinating and managing logistics for meetings, analyzing data specific to children's programs and assisting with the organization, data entry and analysis of the annual customer satisfaction survey.

Before working at LACDMH, Amany started her career with LA County at the Department of Parks and Recreation in June 2007. She then moved to the Department of Public Works where she worked for five years before receiving her promotion to LACDMH in 2013.

*What do you like about your job?*

"I love my CSOC Administration team and their team spirit which is instilled and encouraged by our District Chief, Gita Cugley. Our division is as busy as a bee hive yet it's a happy workplace. We are truly like one big family; every member is valued no matter what their job is. We trust, help, support and respect one another. It's a great work environment and I am happy to come to work every day (but can't wait to get home later on)."

"I also love the variation in my job duties which keeps me motivated and gives me the opportunity to learn new things. I constantly strive to find new and efficient ways of doing things. There is never a dull moment and my assignments constantly change."

*Who/what inspires you?*

"My father inspires me. He was a very kind-hearted self-starter; a man who went through many struggles in life from a very young age, yet built himself from scratch and helped many people in many ways. I learned from him that a simple act of kindness and a helping hand can make all the difference to someone else. It inspires me to do good for others. I love seeing the smiles on others' faces, knowing that I somehow made their day a little better. I believe that doing simple acts of kindness for others without waiting for something in return are the key to a happy life."

*What quote inspires you?*

"Kind words can be short and easy to speak, but their echoes are truly endless." – Mother Teresa

"Blessed are those who can give without remembering and take without forgetting." – Elizabeth Bibesco

*What do you enjoy doing in your spare time?*

"I like to paint, draw, crochet, knit... I am very creative and like to create any type of artwork that inspires me and then give it away. I like to search online and find ideas that I like and challenge myself to do them."

"My children are my pride and joy. I have a 25-year-old son and 26-year-old daughter. I love to spend time with my husband and children whenever we can get together because of everyone's busy schedule."

*Do you have any words of wisdom for other LACDMH employees?*

"As our District Chief always says about teamwork, 'Singularly we can accomplish many things but together we are unstoppable!' I believe this is unquestionably true. Teamwork makes the assignment easier, more fun, maximizes strengths, and

assignments are completed faster. I also believe that the most useful asset a person can possess (especially one working for LACDMH), is not just a head full of knowledge, but a heart full of love with ears open to listen and hands willing to help.”

“I would like to thank my CSOC Administration Team from the bottom of my heart for nominating me. It’s truly an honor and a pleasure to work with them.”